



White Tiger Family Martial Arts



Testing Form

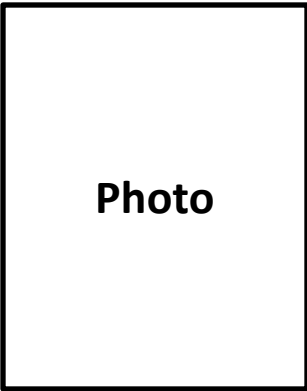
TO TEST: Fill out form and submit form and fee to instructor at the beginning of class
Make check payable to "Tiger Kids"

Student name: _____ Birthdate: _____
Address: _____ Phone #: _____
Current rank: _____ Rank requested: _____
Date of last test: _____ Class location: _____

Note: Testing is an optional but very important part of this program. Testing:

- Is a way of awarding achievement and showing progress towards a goal
- Plays an important role in the development of confidence and self-esteem by teaching children to set goals and overcome doubt
- Allows the student to move up to the next level and learn more advanced techniques

Testing Fees: All fees are greatly reduced. All students need to be in uniform.
Low YELLOW \$20, High YELLOW \$25, Low/High ORANGE \$30, Low/High PURPLE \$35, Low/High GREEN \$40, Low/High BLUE \$45, Low/High BROWN \$50.
BEGINNER'S SPECIAL: UNIFORM & YELLOW BELT TESTING FOR \$50.



Photo

Make check Payable to "Tiger Kids"

Requirements for all belt levels

1. Attitude _____
2. Discipline _____

Low Yellow Requirements

3. Basic blocks _____
4. Basic stances _____
5. Basic punches _____
6. Basic kicks _____
7. Basic T (8yrs +) _____

High Yellow Requirements (5 to 7 yrs old)

- Items 1-7 above plus:
8. Basic T pattern form _____
 9. Blocking combination _____
 10. Four elbows _____

High Yellow Requirements (8 yrs old)

- Items 1-10 above plus:
11. Kicking combination _____
 12. Stance drill _____
 13. One additional form _____
Basic Sword –OR– Basic One

Low Orange Requirements

- Requirements 1-12 above plus:
14. Self-defense #1 - #4 _____
 15. Basic Sword _____
 16. Basic One _____
 17. Additional Form _____
(check form below)

Additional Forms

- Naihanchi Shodan
- Basic Tonfa
- Basic Kama
- Basic Staff
- Basic Two
- Double Edge Sword
- 12 Angles of Attack
- Eagle Claw (Tuet Jin)
- Shaolin Staff
- 31 Jo
- Tonfa versus Bo
- Bo versus Bo
- Naihanchi Nidan
- Yara Tonfa
- Focus Form

High Orange & Above Requirements

Requirements 1-16 above
Plus one addition form
Per level.

- Nakamura no Sai
- Hsing-I Sword
- Plum Blossom
- Fui Mei Darn Dao
- Bin Guai Staff
- 13 Plum Spear
- Tuet Jin Kuen
- Big Red Flag Staff
- Five Animals
- Two Man Staff
- Kwan Dao
- Signature
- Sup Gee Kow Dar
- Two Handed Sword
- Butterfly Swords
- Whirling Staff
- Tiger or Crane
- Specify other form: _____

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FINAL RESULT: PASS RETEST